

The Cell Nutrient Pack



THE MAUI RESET PROTOCOL

Follow the same daily routine used in Dr. Dean's 6-month pilot study.

This is the exact daily protocol used in the Maui ReSet Pilot Study.

Ten participants took these seven formulas consistently for six months. The results showed improvements in biological age and symptom scores for most people.

Use this insert as your daily guide to follow the same routine.

FORMULA	KEY NUTIENTS	DAILY DOSE	PRIMARY ROLE
ReMag®	Stabilized picometer magnesium ions	2 tsp daily	600 mg magnesium
ReMyte®	12 ionic minerals (zinc, copper, iodine, selenium, etc.)	1.5 tsp daily	Complete mineral matrix
ReAline®	Methylated B vitamins, taurine, methionine	2 capsules daily	One-carbon metabolism support
Pico Potassium®	Stabilized picometer potassium	1 tsp daily	400 mg potassium
D3K2 ReSet®	Vitamin D3 with K2	1-2 capsules daily	Bone & immune support
Pico Zinc Plus®	Ionic zinc with copper balance	1/2 tsp daily	Enzyme cofactor support
Vitamin C ReSet Powder®	Ascorbic acid powder	2,000 mg daily	Antioxidant, collagen support

BEGIN WITH WATER – MAKE YOUR BASE

START WITH 1 QUART OF SEA-SALTED WATER

Water Intake Guidelines:

Drink ½ your body weight (in pounds) in ounces of water. If you weigh 150 lbs, you will drink 75 ounces per day. Add 1/4 teaspoon sea salt for every quart of water.

TO YOUR BASE ADD:

Vitamin C ReSet®

Berry Flavored Powder

Dosage: To obtain 2,000 mg of Vitamin C, stir 1 full scoop (7 grams) into your sea-salted water base.

Do this first and adjust to taste.



THEN ADD ALL YOUR MINERALS INTO YOUR VITAMIN C RESET SEA-SALTED WATER:



ReMag® The Magnesium Miracle®

60,000 ppm picometer stabilized ions of magnesium fully absorbed at the cellular level*

- DILUTE BEFORE CONSUMING
- START LOW AND SLOW

Dosage: Do not take undiluted. Place 1/4 tsp to 1/2 tsp in a quart of sea-salted water and consume throughout the day. Build your doses over 14 days to reach the full protocol dose of 2 tsp.



ReMyte® Mineral Solution

Liquid multi-mineral electrolyte solution. 12 minerals for cellular function and 9 minerals that support the thyroid and adrenals.*

- DILUTE BEFORE CONSUMING
- START LOW AND SLOW

Dosage: Do not take undiluted. Place up to one 3/4 teaspoon serving in a quart of sea-salted water and consume throughout the day. Build your dose over 14 days to reach the full protocol dose of 1.5 tsp.



Pico Potassium®

Positively charged stabilized ions of potassium.

- DILUTE BEFORE CONSUMING
- START LOW AND SLOW

Dosage: Do not take undiluted. Place 1/4 teaspoon in your sea-salted water and consume throughout the day. Build your dose over 14 days to reach the full protocol dose of 1 tsp.



Pico Zinc Plus®

Stabilized ions of zinc and copper are smaller in diameter than the body's cell mineral channels.*

- DILUTE BEFORE CONSUMING
- START LOW AND SLOW

Dosage: Do not take undiluted. Place 1/4 teaspoon in your sea-salted water and consume throughout the day. Build your dose over 14 days to reach the full protocol of 1/2 tsp.

DAILY CAPSULES



ReAline®

Vitamin B Complex Capsules

ReAline® provides 4 methylated B vitamins and 4 whole food B vitamins combined with the power of methionine and taurine for additional nutritional support.

Dosage: As a dietary supplement, take 1 capsule twice daily with meals or as directed by a health care professional.



D3K2 ReSet®

Vitamin D Complex Capsules

D3K2 ReSet® contains 4,000 IU of Vitamin D3 in the form of a natural, plant-based extract from lichen that provides cholecalciferol, the most biologically active form of Vitamin D that is easily absorbed into the body and taken into the bloodstream. The K2 component in D3K2 ReSet® is K2-MK7, which is the most active form of K2.*

Dosage: Take 1-2 capsules per day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Results may vary.